

Alameda Family Services

2325 CLEMENT AVENUE, ALAMEDA, CA 94501

Main: 510-629-6300 Fax: 510-865-1930 WWW.ALAMEDAFS.ORG

YOUTH Outpatient Drug-Free Treatment Program

WHO: Adolescents 12-18 who are actively using drugs/alcohol or who are in need of continuing care to remain drug & alcohol free.

HOW TO REFER: Parent/guardian calls intake line **(510) 629-6209** to request an appointment for an Intake Assessment, also Agencies may fax referral forms to (510) 865-1930, and then AFS will call back to schedule an intake.

WHAT HAPPENS IN AN INTAKE ASSESSMENT:

- i. Counselor meets with the youth and parents/guardian to explore their concerns regarding the substance use.
- ii. Counselor meets with the youth individually to assess substance abuse or substance dependence.
- iii. Counselor makes recommendations to family regarding admission to ODF program. If not appropriate for ODF, other referrals are provided.

WHAT ARE THE COSTS: ODF is free. Drug testing fee is \$20/week (fee waived for Medi-Cal eligible).

LENGTH OF TREATMENT: 10-20 weeks, groups meet 2 times a week for 90 minutes a group.

ANCILLARY SERVICES: ODF includes treatment and discharge planning, family and individual counseling, case management and crisis intervention.

PROGRAM CONTENT: ODF is a psycho-educational program designed to support abstinence from drugs & alcohol. Groups offer education and support to assist youth to evaluate the harms associated with substance abuse and offer skills to maintain a drug-free lifestyle.

FAMILY INVOLVEMENT: ODF is a family based program that requires family involvement each week. Parents/guardians attend classes on Mondays from 6:30-8pm to learn strategies to support their child's recovery. Pharmacology, adolescent development, and communication are some of the topics covered.

WHEN: Groups meet Mondays 6:30-8:00pm and Wednesdays 4:30-6:00pm (continuing care), Urine Analysis Test on Wednesdays 6-6:30pm.

WHERE: AFS main office at 2325 Clement Ave. Alameda, CA 94501

CONTACT: **(510) 629-6209** to schedule an intake.

CONCERNED THAT YOUR CHILD MAY BE USING DRUGS/ALCOHOL?

Please call 510 629 6316 for a FREE introductory drug test & consultation for youth not enrolled in the program at 2325 Clement Ave. Alameda, CA 94501.